sophy



Who should I see in London?

Clara Weiss is in town Thursday. You last met in June, and she owes you the pilot numbers.

Getting started with SoPhy

Relationship intelligence for people whose network is their business.

USER GUIDE

NOVEMBER 2026

START HERE

Your network, remembered.

SoPhy is a relationship agent. It reads your email, calendar and notes, builds a living memory of every real person you know, and helps you act at the right moment, in your own voice.

How it works

1

Connect

Link Gmail or Outlook, Google Calendar and Drive in a couple of taps.

2

Understand

SoPhy builds a living profile for every real person: role, strength, history, promises and personal context.

3

Anticipate

Briefs, alerts and suggestions arrive before you need them, tuned to what you act on.

4

Act

Ask anything in plain language. Get answers with evidence, and drafts ready to send.

A relationship layer, not a general assistant

SoPhy will not negotiate contracts or run your inbox on autopilot. It gives you the context, history and words to do it well yourself. That focus keeps the answers sharp and the product trustworthy.

How you use SoPhy

AVAILABLE NOW - WHATSAPP

Chat with the SoPhy agent about anything: ask questions, send notes, log promises and get drafts. Or chat in the app, if you prefer.

AVAILABLE NOW - THE APP

See your connections visually, with their details and history, your saved notes, and which promises are still outstanding. You can chat with SoPhy here too.

MORE CHAT CHANNELS NEXT iMessage Telegram Discord Slack

SIX PILLARS

Six things SoPhy does for you.

01

Relationship memory

A living profile for every real person you know: history, roles, promises and personal context, searchable in plain language, even from vague cues.

02

Proactive intelligence

Daily briefs, meeting prep, follow-through alerts and opportunity nudges that learn what you care about and stay quiet when you are busy.

03

Network growth and introductions

Warm paths to anyone, decision-maker maps, investor matching, pivot reconnects and consent-based intros across the SoPhy network.

04

Inbox and calendar, by relationship

Mail ranked by who sent it, open asks surfaced, threads summarised, and trips and meetings arranged around the people who matter.

05

Drafting in your voice

Reconnects, chases, intros and follow-ups written the way you write, with a different tone for investors, friends and your team.

06

Trust and control

Draft-first email, no autonomous sending, consent before using inferred data, per-person privacy controls and strict data isolation.

Built for accuracy, not guesswork

Every answer cites where it came from: the email, the meeting, the date. SoPhy checks your inbox and calendar before saying "not found", and answers "unknown" rather than inventing something.

ASK IN PLAIN LANGUAGE

Just say what you need.

No commands to learn. Write to SoPhy the way you would write to a sharp assistant, and it answers with names, evidence and a clear next step.

07:45 - Morning brief

Three meetings today. At 11:00 you're seeing Clara Weiss, last met in June. She owes you the pilot numbers, and you both worked at Revolut.

Who was the guy from Latin America building something for vaping?

Mateo Rojas, founder in Bogota, building a device to help people quit vaping. Sofia Alvarez introduced you in February.

Intro thread - 14 Feb

Names and details in these exchanges are illustrative.

Try asking

REMEMBER PEOPLE

- Who is Elena Marsh to me?
- The founder from Lisbon Sam introduced in March
- What do I owe people this week?

GROW YOUR NETWORK

- Who can introduce me to the CEO of Linear?
- Which investors I know fit a seed fintech?
- I'm moving into climate tech, who should I call?

INBOX AND CALENDAR

- Who should I answer first?
- Find the deck Leo sent before our call
- Set up meetings for my Paris trip

WRITE IN YOUR VOICE

- Draft a reconnect to Daniel Okafor
- Draft an intro between Ana and Mark
- Remind me to check in with Ana monthly

BEFORE THINGS SLIP

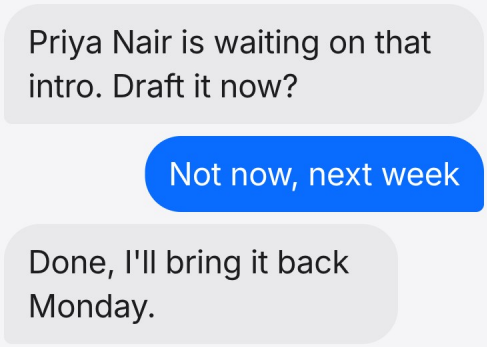
What SoPhy sends you.

SoPhy speaks up without waiting to be asked, and learns when to stay quiet.

ROUTINE	WHAT ARRIVES
DAILY RHYTHM	
Morning brief	Today's meetings, who and why, replies that can't wait.
Evening wrap	What is still open, and key people on next week's calendar.
MEETINGS	
Pre-meeting brief	Who they are, your history, open threads, common ground.
Post-meeting check-in	Captures outcomes and offers a follow-up draft.
Trip meetings	Spots travel in your calendar, suggests people to meet.
FOLLOW-THROUGH	
Inbox asks	Important emails waiting, and the requests inside them.
Ignored inbound	People who reached out and never heard back.
Overdue promises	Commitments and intros, yours or theirs, not yet done.
Thread watch and chase	Stalled conversations, with a polite nudge ready.
RELATIONSHIPS AND OPPORTUNITIES	
Gone-quiet alerts	Key relationships cooling, flagged before they go cold.
VIP news	New roles, rounds and milestones, with a note ready.
Weekly reconnect digest	People worth reaching out to this week, and why.
Event networking	Who to meet at events, and who you never followed up.
Network intros	New people from the SoPhy network, at your chosen pace.

You set the pace

Switch any routine on or off in conversation. Quiet hours are respected. After two dismissals SoPhy stops raising that person proactively, and you can still ask about them any time.



YOU STAY IN CHARGE

Nothing leaves your hands without you.

Relationships are personal. SoPhy is designed so you stay in charge of every action.

Draft-first email

New emails are shown as a draft and sent only after you approve the exact text.

No autonomous spending

SoPhy never buys, books or pays on its own, and never asks for card details.

Explicit commands execute

Clear requests such as a reminder, note or calendar change are done without extra confirmation.

Consent before inference

Inferred interests and sharing across the network are opt-in, editable and revocable.

Never-surface controls

Hide anyone permanently, mute a person or a thread, or snooze nudges.

Strict data isolation

Your data is scoped to you. Network features share only consented paths, never contact lists.

Export and deletion

Export your data or delete your account from within the conversation.

Privacy-safe operations

No personal data, prompts or tokens in logs. Cited evidence shows where each answer came from.

Works with

Gmail | Google Calendar | Google Drive | Outlook mail | Outlook calendar | WhatsApp | SoPhy mobile app | Luma events (via SoPhy platform)

SUGGESTED FIRST WEEK

Six steps to get value fast.

1

Connect your accounts

Link your email, calendar and Drive first, so SoPhy has your history to learn from.

2

Download the app and explore

Once your accounts are connected, open the app to see your connections visually, with their details and history, your saved notes and outstanding promises. Chat with SoPhy in the app or on WhatsApp, whichever you prefer.

Who is Elena Marsh to me?

3

Add notes after every meeting

Send SoPhy a voice note or type a few lines in the app or on WhatsApp. It remembers the details, shows them in the app and uses them in later searches.

Met Clara today. She wants the pilot numbers by Friday.

4

Log your promises

Tell SoPhy what you promised or were promised. It reminds you when it is time, helps you follow up, and shows what is outstanding in the app.

Remind me to send Clara the deck on Friday

5

Tune what SoPhy sends you

Read your morning brief when it arrives. Reply "not now" to snooze, or "not important" to downgrade.

6

Approve your first draft

Ask for a message to someone, edit it if you like, and approve it. Nothing is sent until you do.

Draft a reconnect to Daniel Okafor

sophy

GET THE APP

PN Priya Nair

CW Clara Weiss



DO Daniel Okafor

MR Marco Rossi

SoPhy: Network Intelligence

See your connections, saved notes and outstanding promises in one place, and chat with SoPhy any time.

Download on the App Store

Get it on Google Play

GETSOPHY.COM

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